

## HILL

DAVID HILL Paralympic Swimmer



JOANNE JACKSON 3-Times Olympian



DANNY LAWRENCE 2010 Commonwealth Games England Captain



ALISTAIR
PATRICK-HESELTON
Paralympic Footballer



NATHAN FOX 2014 Commonwealth Games Triple Jumper

SOUS FOR SCHOOLS



CHRIS TOMLINSON
3-Times Olympian



We are very excited that your school has decided to invite a GB athlete to the school for a terrific sporting event. Sports for Schools events are a fun, educational and inspiring way to raise funds for the school's PE equipment, and support athletes in general. In fact many elite athletes were themselves inspired to take up their discipline by just such a visit from a top sportsperson as a child.

## THE CHALLENGE

The challenge will be to complete a fitness circuit with the athlete. Pupils will perform four different activities which represent a small subset of the actual training exercises that such elite athletes would do in order to keep fit. The athlete will be working with the pupils to complete the fitness circuits, coaching and encouraging them as they go.

## THE ATHLETE

All Sports for Schools athletes have represented Great Britain at either an Olympic Games, Commonwealth Games, World Championships or European Championships. Sports for Schools works with athletes because they are wonderful role models for young people. They are not media savvy celebrities, but hard working elite individuals who have found their passion. They juggle the demands of life on low incomes and still manage to reach the top of their profession. All rely to a greater or lesser extent on Sports for Schools' financial support.

## **SPONSORSHIP**

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A large percentage of all money raised will be used by the school for new PE equipment. In addition, through the Sports for Schools scheme many young British athletes will receive financial assistance towards their full time training. For more information about this subject please visit www.sportsforschools.org.

We want this event to be more than just a flash in the pan, so any child that:

- Raises over £5 will receive a blue Sports for Schools wrist band
- Raises over £15 will additionally receive a red wrist band autographed by the Athlete
  - ★ Raises over £30 will additionally receive an autographed A4 poster of the Athlete

We hope that being exposed to a passionate athlete will be just one of many ways to help the children to discover their own passion in life and excite them to be active and healthy.

THANK YOU FOR ANY SUPPORT YOU CAN GIVE.
IT REALLY MAKES A DIFFERENCE!





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