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Dear Parents/Carers

Pupil Sickness

As I am sure you are aware, a number of children have recently contacted a rather unpleasant sickness bug. The purpose of this letter is to provide information about when to keep your child home from school. Although it may seem obvious, children should not go to school when they're contagious to others, when they have a fever, or when they're too sick to learn. Childhood illnesses are spread easily when children are in close contact in the school setting.

Vomiting can also be caused by a viral condition. It is this form of sickness that concerns us most as we do not want other children to be infected and viral conditions can spread through a school quickly. If you cannot identify a reason for your child's sickness and perhaps other members of the family have been ill, the sickness is accompanied by a fever, listlessness, a temperature and a general feeling of being unwell please do not send your child to school for **48 hrs following the last incident of vomiting or diarrhoea**. Some children recover very quickly and may appear to be well after 24 hrs but if the vomiting was not linked to over eating or type of food eaten please keep your child away from school for the full 48 hrs just in case they are still carrying the virus.

If you are unsure or have questions about whether your child is well enough to go to school, please contact a health care professional.

Thank you for your co-operation.

Yours sincerely

Mr S James
Head Teacher

Learning Together, Believing Together

East Sussex County Council

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