W/C 17/04, 08/05, 05/06, 26/06, 17/07, 04/09, 25/09, 16/10

Veggie Mince & Vegetable Pie (v) A pastry topped vegetarian pie served with new potatoes

Neapolitan Cheesy Pasta (v) Wholegrain pasta served with a tomato Neapolitan sauce

For Dessert

Soft Cheese & Crackers

On the side.

Fresh Carrots

Garden Peas

Pasta Bolognese Organic beef bolognese served on a bed of wholegrain pasta

Mozzarella & Tomato Pizza (v) Freshly made pizza served with oven baked wedges

On the side.

Sweetcorn Roasted Vegetables

For Dessert... Crunchy Plum Crumble & Custard

On the side

Fresh Corrots

Seasonal Cabbage

For Dessert.

Fruity Ginger Cake

Roast Turkey

品品品

Farm Assured roasted sliced turkey breast served with crispy roast potatoes & gravy

Quorn Roast (v) Sliced roasted Quorn served with crispy roast potatoes & gravy

BBQ Chicken Farm Assured fresh chicken served in BBQ sauce with sweet potato mash

Vegetarian Korma (v) Cauliflower & chickpea korma served with basmati rice

On the side. House Coleslaw Fresh Broccoli

For Dessert. Oatie Biscuit

Battered Fish with Chips Crispy battered pollock

BBQ Quorn & Bean Wrap with Chips (v) BBQ beans & vegetables in a flour tortilla

On the side. Baked Beans Garden Peas

For Dessert. Chocolate & Mandarin Sponge with Chocolate

W/C 24/04, 15/05, 12/06, 03/07, 11/09, 02/10

Vegetarian Meatballs (v) Linda McCartney meatballs served in a homemade tomato sauce with wholegrain rice

Sweet Potato Gumbo (v) Sweet potato stew with peas and wholegrain rice

For Dessert Strawberry Frozen Yoghurt

On the side ...

Fresh Carrots

For Dessert.

Fruity Flapjack

Roasted Vegetables

On the side ..

Fresh Broccoli

Crunchy Salad

Bangers & Mash Farm Assured pork sausages served with creamy potato and gravy

Roast Beef

Lentil Roast (v)

potatoes & gravy

Jerk Chicken

Mac 'N' Cheese (v)

rice & peas

cheese souce

Baked Bean & Cheese Bubble & Squeak (v) A tasty new vegetarian potato, carrot, baked beans & cheese patty

Traditionally roasted sliced beef served with

A vegetarian roast served with crispy roast

Farm Assured fresh chicken in a mild

crispy roast potatoes & gravy

On the side.

Garden Peas Seasonal Cabbage

Custord Caribbean jerk sauce served with wholegrain

Fish Fingers with Chips Whole fillet white fish fingers in golden breadcrumbs

Classic short cut macaroni served in a creamy

Vegetable Lasagne with Chips (v) Layers of pasta & vegetables topped with a cheesy sauce

For Dessert. Pineapple Upside Down Cake with

On the side. Fresh Carrots Fresh Broccoli

For Dessert Mini Brownie with Banana Slices

On the side Baked Beans Sweetcorn

For Dessert. Fruit in Jelly

W/C 01/05, 22/05, 19/06, 10/07, 18/09: 09/10

Cheesy Hotpot (v) Cheese & potato lavered bake served with oven baked wedges

Tomato & Basil Pasta (v) Rich tomato & basil sauce with wholegrain pasta

On the side Fresh Broccoli Sweetcorn

For Dessert. Chocolate Crispy

Chunky Chicken Bite Homemade breaded Farm Assured chicken with pasta salad

Cheese & Red Onion Quiche (v) Home-made quiche served with pasta salad

On the side Garden Peas Tomato Salsa

For Dessert... Raspberry Loaf Cake

Roast Pork Free range roasted sliced pork served with crispy roast potatoes & gravy

Cauli Corn Bake (v) Tasty cauliflower & creamed corn bake served with crispy roast potatoes & gravy

On the side Fresh Carrots Seasonal Cabbage

For Dessert Ice Cream Pot

On the side...

Crunchy Salad

Garden Peas

Slices

Beef Lasagne Organic beef lasagne served with a garlic bread wedge

Vegetable Curry (v) A mild vegetable curry served with basmati

For Dessert Shortbread & Fruit

Crispy Salmon Fillet with Chips Baked breaded salmon fillet

Veggie Burger with Chips (v) Quorn burger served in a seedless bap with tomato relish

On the side ... Sweetcorn Baked Beans

For Dessert. Oatie Apple Crumble with Custord

East Sussex



School meals are free to all pupils in reception, year one 4 year two.

> Contact us: 01435 865310



If you don't fancy a dessert. you can always enjoy fresh fruit or yoghurt.



Jacket Potatoes with various fillings available daily.

