

Week one

Monday

W/C 29/10, 19/11, 10/12, 07/01, 28/01, 25/02, 18/03

Macaroni Cheese (v)

Classic short cut macaroni served in a creamy cheese sauce

On the Side...

Sweetcorn
Roasted Vegetables

Mild Potato Chickpea Curry (v)

A delicious vegetarian mild curry served with wholegrain rice

For Dessert...

Flapjack with Fruit
Slices

Tuesday

Pork Ragu

Pork in a tomato sauce served with wholegrain rice

On the Side...

Garden Peas
Fresh Carrots

Creamy Broccoli & Sweetcorn Pasta (v)

Fresh broccoli & sweetcorn in a cheesy sauce with pasta

For Dessert...

Lemon Shortbread

Wednesday

Garlic & Herb Roasted Chicken

Roast chicken served with crispy roast potatoes & gravy

On the Side...

Fresh Broccoli
Seasonal Cabbage

Sweet Potato & Chickpea Roast (v)

Served with crispy roast potatoes & gravy

For Dessert...

Peach & Carrot Cake
Slice

Thursday

Beef Bolognese

Organic minced beef in a traditional bolognese sauce served on a bed of pasta

On the Side...

Fresh Carrots
Fresh Broccoli &
Cauliflower Medley

Vegetable & Cheese Crumble (v)

Fresh baked vegetables topped with a cheesy crumble with sweet potato wedge

For Dessert...

Brownie Cake

Friday

Salmon Fish Fingers with Chips

Breaded fish fingers

On the Side...

Baked Beans
Garden Peas &
Sweetcorn Medley

Quorn Dippers with Chips (v)

Tasty Quorn dippers

For Dessert...

Pear and Ginger
Crumble with Ice Cream

Week two

W/C 05/11, 26/11, 17/12, 14/01, 04/02, 04/03, 25/03

Mozzarella & Tomato Pizza (v)

Freshly made pizza served with potato wedges

On the Side...

Fresh Carrots
Sweetcorn

Vegetable Biryani (v)

A mild vegetable biryani served with wholegrain rice

For Dessert...

Oatie Biscuit with
Fruit Slices

Bangers & Mash

Organic pork sausages served with creamy mash potato and gravy

On the Side...

Baked Beans
Garden Peas

Country Vegetable Pie & Mash (v)

Tasty fresh vegetables in a white sauce topped with pastry and served with creamy mash & gravy

For Dessert...

St Clements Sponge Cake

Roast Turkey

Traditionally roasted turkey served with crispy roast potatoes & gravy

On the Side...

Herby Roasted Parsnips
Fresh Carrots

Fresh Cauliflower & Broccoli Cheese Bake (v)

Served with crispy roast potatoes

For Dessert...

Banana & Apricot
Flapjack

Chicken & Tomato Lasagne

Fresh chicken in a Mexican style sauce served with a Garlic & Herb Bread Wedge

On the Side...

Fresh Cauliflower
Roasted Vegetables

Vegetarian Tagine (v)

Quorn & vegetables in a tomato based sauce served with wholegrain rice

For Dessert...

Apple & Berry Crumble
with Custard

Fish Fingers with Chips

Fish fingers in golden breadcrumbs

On the Side...

Baked Beans
Sweetcorn

Quorn Burger with Chips (v)

Served in a bun with tomato relish

For Dessert...

Crunchy Chocolate Biscuit

Week three

W/C 12/11, 03/12, 31/12, 21/01, 11/02, 11/03, 01/04

Vegetarian Sausages & Mash (v)

Veggie sausages served with creamy mash potato and gravy

On the Side...

Garden Peas
Roasted Vegetables

Creamy Tomato & Basil Pasta (v)

Wholegrain pasta in a tomato, basil & cheese sauce

For Dessert...

Strawberry Ice
Cream Pot

Homemade Chicken & Broccoli Pie

Fresh chicken & broccoli in a white sauce, topped with puff pastry & served with herby potatoes

On the Side...

Sweetcorn
Fresh Carrots

Chinese Veggie Noodles (v)

Fresh vegetables flavoured with Chinese five-spice and served with noodles

For Dessert...

Raspberry Ripple Cake

Roast Pork

Farm Assured roasted sliced pork served with crispy roast potatoes & gravy

On the Side...

Fresh Carrots
Seasonal Cabbage

Quorn Roast (v)

Sliced roasted Quorn served with crispy roast potatoes & gravy

For Dessert...

Shortbread Finger with
Fruit Slices

Beef Macaroni Bake

Layers of organic minced beef and pasta in a cheesy sauce with tomato & herb bread wedge

On the Side...

Fresh Broccoli
Sweetcorn & Roasted
Red Peppers

Vegetable Korma (v)

A mild vegetarian curry served with wholegrain rice

For Dessert...

Chocolate Sponge with
Chocolate Sauce

Crispy Fish Fillet with Chips

Battered fish served with chips

On the Side...

Garden Peas
Baked Beans

Baked Bean & Cheese Quesadilla with Chips (v)

Baked beans & cheese wrapped in a flour tortilla and oven baked

For Dessert...

Pineapple Upside Down
Cake with Custard

Our chicken and milk are Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



ALL OUR BEEF is from THE UK OR IRELAND

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

Special dietary requirements can be catered for, please contact:

Email: specialdiets@compass-group.co.uk

TEL: 01435 865310



WE SUPPORT 82 BRITISH DAIRY FARMS



Jacket Potatoes with various fillings available daily.

FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

