

Triple P

Positive Parenting Program - Stepping Stones

Free Discussion group for parents/carers of children with a disability up to age 12



Venue: Children's Resource Centre,
29-41, Sorrel Drive, Langney,
Eastbourne, BN23 8BH

Dates: Thursday 17th January 2019
Thursday 24th January 2019
Thursday 31st January 2019
Thursday 7th February 2019
Thursday 14th February 2019
Thursday 7th March 2019

Time: 6.30-9.00pm

To book a place,

Please contact Katy Curling on

01323 466030 by 3rd January 2019

**We need to have at least 8 people
attend for the course to take place.**

Triple P Discussion Group Stepping Stones

What are Triple P Discussion Groups Stepping Stones?

Stepping stones Triple P has been developed for parents of children with a developmental disability. Discussion Group Stepping stones are designed to provide an overview of the positive parenting principles for any interested parent. Discussion Group Stepping Stones has been evaluated with families of children with a range of disabilities, diagnosed or undiagnosed such as ADHD, Autism, Intellectual disabilities and evaluated levels of disruptive behaviour. Parents will be engaged in the 2 hour discussion group.

Who is it for?

Parents or carers of children with a disability up to the age of 12, who have concerns around

- Behaviours, Boundaries' and Rewards
- Fighting, Rules and Co - operation

What is covered in the Discussion Groups with parents?

There are two Stepping Stones Discussion Groups. Parents and carers can attend either or both.

Behaviours, Boundaries and rewards - This discussion group topic provides examples of different behaviours and discusses why children have difficulty following instruction. A number of positive parenting strategies are introduced to help parents teach their children boundaries' and maintain their progress for the future.

Fighting, Rules and Co-operation – This Discussion Group topic looks at some of the reasons why children fight. The group will give parents and carers skills to teach their children to play corporately and get along with others, learn how to teach skills such as sharing, communicating and being gentle and also what to do when fighting does occur.