East Sussex Primary Back to School Term 1 2020 Menu

Week 2 w/c 7/9, 28/9 & 19/10

	Veggie Hotdog *with Potato Wedges* (V) Our favourite veggie hotdog served with ketchup in a soft sub roll	**Baked Macaroni (V)** Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	**Roast Chicken *with Roast Potatoes and Gravy*** Moist roast chicken with fluffy roasties and tasty gravy	**Veggie Sausage *and Mash Potato with Gravy* (V)** Fluffy mash with veggie sausages and rich gravy	**Crispy Fish Fillet** Crispy Fish Fillet and scrummy chips
					Quorn Nuggets *and Chips* (V) Crispy Quorn nuggets with their fave sauce – ketchup
	Ham, Cheese, Tuna Mayo or Egg Mayo Sandwich or Baguette served with Veg Sticks And Fresh Fruit or Dessert of the Day				
	Jacket Potato With Cheese, Baked Beans or Tuna Mayo				
	Tomato and Basil Pasta ** (V) A delicious tomato and basil sauce with penne pasta				
	Sweetcorn **Broccoli**	**Carrots** **Peas**	**Sweetcorn** **Broccoli**	**Sweetcorn** **Carrots**	**Peas** **Baked Beans**
	Fruit & Yoghurt	**Apple & Carrot Yoghurt Muffin**	**Strawberry Ice Cream**	**Chocolate Cake**	**Oatie Biscuit *with Fruit Slices***